



Jerry Zenger, Orem, demonstrates how beginners get the feel of windsurfing by practicing on a trampoline.

Experts Say Try and Try Again

5 Aug 1984

Sailboarding Takes

Wind, Enthusiasm

By TORRI LATIMER
Asst. Today Editor

The thrill and exhilaration of any sport seems to be in the mastery of it.

For one innovative sport now sweeping through the lakes of America, learning the ropes may mean frequent dunks in a cold lake.

Coined *windsurfing*, but known officially as *sailboarding*, this water sport is a country cousin to the much practiced sports of sailing and surfing.

The sport requires a sail mounted on a surf-board type stand, a windy day and a lot of determination.

"It's about twice as hard as it looks the first time," said a passing windsurfer at Deer Creek reservoir. Frustration seems to stem from lack of wind, heavy wind, erratic and shifting wind, and lack of skill.

"You need to go on a day when the wind is brisk and steady, or you may sail out to the middle of the water and find yourself stranded when the wind dies down," another enthusiast said.

"The main problem is balance. Once you've got a feel for it, it's a lot of fun. Until that time, you

"Try and try again, at least that's the way it was for me," said Tricia Jensen of Salt Lake.

Ms. Jensen has been windsurfing for nearly one year.

"I'm hooked on it now, although it took a while to learn."

Like sailors, wendersurfers harness power from the wind to propel them across smooth lakes. Like surfers, they need a keen sense of balance and finesse to keep upright and dry.

Windsurfers say they do avoid large waves, however, preferring glassy smooth water and a brisk wind up-top.

Windsurfing gained popularity and fame when it was recently admitted to the olympic games as an exhibition sport. With the help of such sailboard record holders as Fred Heywood of Maui, Hawaii, the sport drew worldwide attention.

Heywood is officially the world's fastest boardsailor. He recently competed in the Weymouth Sailing Speed Record Week held in Portland Harbor, England, where he set a new record of 30.82 knots on a 600-meter course.

He also introduced a technologically advanced wing-shaped mast

Boarding: and Windy

D COLLETT
Sports Editor

early 1960s it seems as Americans have been in love

the songs of sand, surf the beach has never been

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Mother Nature is the key to the success of any windsurfer, whether it be on the blue Pacific or the cold water of Deer Creek or Utah Lake.

Where there's a large body of water, most likely windsurfers can be found, according to Jerry Zenger, owner of Jerry's Sports in Orem and a distributor of windsurfing equipment.

A trip up Provo Canyon on any hot summer day is proof enough of the popularity of Utah's newest outdoor sport.

Yes, it is a sport.

Even the organizers of the 1984 Summer Olympics decided to schedule windsurfing as an exhibition sport.

In fact, it's rather a unique sight and offers beauty seeing a myriad of sail colors bobbing up and down on Deer Creek.

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